# Jak Umíeć Umíeć

MJ Kazmierski's

F.U.N.N. Method

of learning to love learning

## [na każdej prawej (numerowanej nieparzyście) stronie przetłumacz na polski tekst angielski z lewej (parzystej) strony książki]

**Learning Living** 

**Loving Language** 

with

MJ Kazmierski

F.U.N...N =

F = Forgive U... =

U = Understand U... =

N = Naturally... Nice =

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# Uczenie Życia Miłując Język

Ζ

MJ Kazmierski

F.U.N...N =

F = Forgive U... = Wybacz Sobie

U = Understand U... = Zrozum Siebie

N = Naturally... Nice - Naturalnie Miło

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# **SPIS TREŚCI**

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## 1 The Mind is like a Parachute

This is an old joke I always like to start with...

Why is the mind like a parachute?

Because it works best when open!

Ha hah!

Now, what is the point of this joke?

What does it mean for us teachers and learners?

#### 2 Five Golden Questions

These five words which allow us to form questions are arranged in a specific way...





We always start with WHY = the motive. Then we ask WHO will do the actions for WHOM = assigning roles. Next, we want to know WHEN this will happen = making a schedule. Then we ask WHERE = setting... and finally HOW = resources needed!

#### 3 The F.U.N.N. Method of Learning Languages

#### **Forgive**

#### **Understand**

#### **Naturally Nice...**

Why these three words in this order?

First, you MUST assume – no matter what happens, you will **forgive** yourself any mistakes you make

Why?

Because to err is human – to forgive divine = Shakespeare said that!

You are human – the only way you can live and learn is by making mistakes

SO FORGIVE YOURSELF FOR NOT BEING PERFECT !!!

If you **understand** why you are learning – your decision, your life, your benefit – you will be able to proceed to

**Naturally Nice** that we make mistakes, we forget, we slip up... if you do not forgive yourself, understanding that you are human and never perfect, you will naturally tense up and stop learning...

So

Forgive YOU, Understand YOU, Naturally Nice to YOU

These are the solutions to all YOUR problems

So Start being NICE 2U !!!

YOU decide how YOU learn and how fast...

But how do we know you have a talent for languages?

Well...

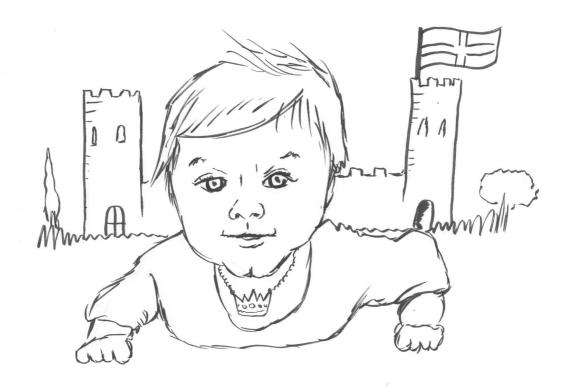
## **4 Your First Ever Language Teachers**

Who was your first ever language teacher?

How did you learn your first ever language?

How successful was this method?

What are the conclusions for us?



#### **5 You Are Now The Boss**

Please keep in mind – no matter where you now study and who with – in a school, college, with a private tutor – you are in charge.

You decide what happens, so.... let's have F.U.N. !!!

Now, how to best be your own boss?

What is the difference between a leader and a manager?

## How best to be the captain of your own ship?

## 6 Your mind is like a computer

Think about your standard computer, laptop, phone or tablet

They are all made of two parts:

#### **HARD-DRIVE**

This contains all the data / information / code / sounds / images

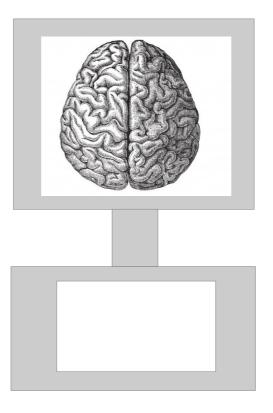
#### **PROCESSOR**

This decides how quickly you can access and use all of the above

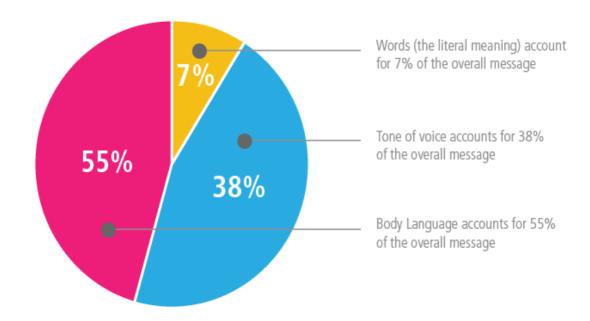
#### SO... HOW HARD AND HOW FAST IS YOUR MIND?

It's not enough to know a lot of language – stored in your brain You need quick wits to access all that data This is where self-confidence comes in

Believing you can do it – remember, double-check, use and succeed



## 7 What is Effective Communication?



#### 8 Serenity Prayer

The Serenity Prayer is the common name for a prayer written by the American theologian Reinhold Niebuhr (1892–1971).

The best-known form is:

GRANT ME	
THE	TO CHANGE
THE THINGS I CAN,	
THE	TO ACCEPT
THE THINGS I CANNOT CHANGE,	
AND	
MOST	
IMPORTANTLY	
THE	_ TO KNOW
THE DIFFERENCE BETWEEN THE TWO	

Niebuhr, who first wrote the prayer for a sermon at Heath Evangelical Union Church in Heath, Massachusetts, used it widely in sermons as early as 1934 and first published it in 1951 in a magazine column. The prayer spread both through Niebuhr's sermons and church groups in the 1930s and 1940s and was later adopted and popularized by Alcoholics Anonymous and other twelve-step programs.

#### 9 What makes a mistake???

If the only way to learn what works is by comparing it to what doesn't work – and the only way to learn is by making mistakes – why don't we love making mistakes?

# PCP vs PCI

Principle of Continual Improvement

complex vs complicated

**EFFECTIVE** vs **EFFICIENT** 

YES, BUT... vs BUT... YES

PRODUCTIVE VS \_\_\_\_\_PRODUCTIVE

## 10 Perfectionism VS Optimisation

Imagine you are trying to climb a mountain

By focusing on the peak as you climb all the time, you are likely to fall – you only think about the end of the journey, not what is around you and beneath your feet... You will slip, you will tire, you will likely fall...

Therefore, perfectionism is a recipe for disaster – MISSION IMPOSSIBLE

Optimisation – doing the best you can every day of your life, and then learning from mistakes so that the next day you can keep doing better and feeling better – is:

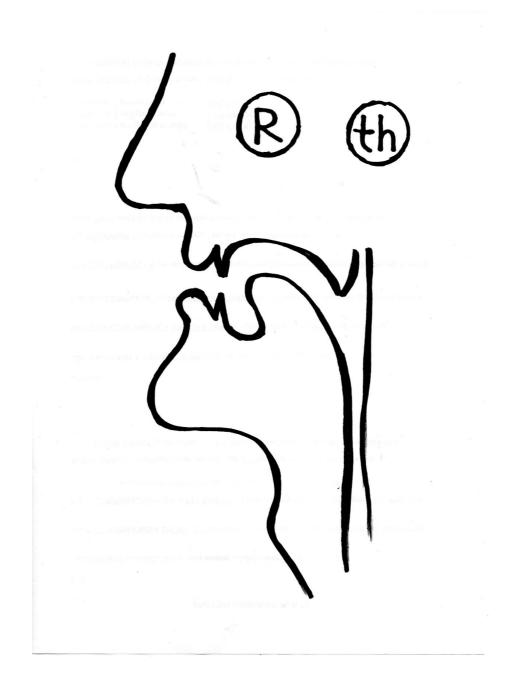
THE ONLY SAFE WAY TOWARDS YOUR GOAL

# 11 K.I.S.S. with your mind not your mouth!

K.

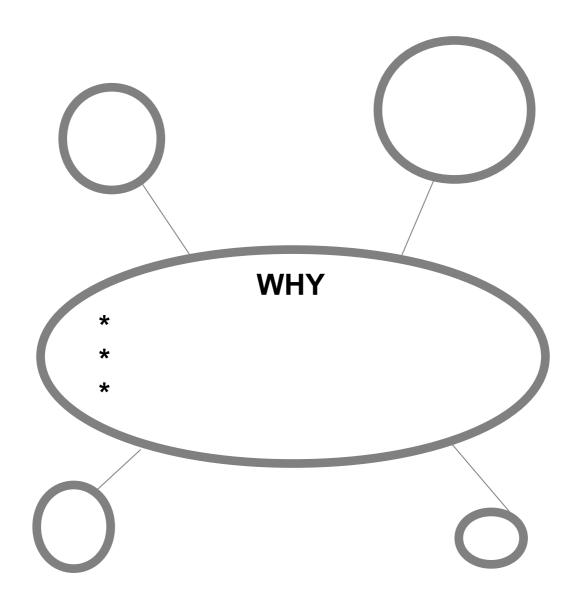
I.

S. S.



# 12 Design Your Own Syllabus

NAME: \_\_\_\_\_



#### **TOPICS TO COVER: HOBBIES / PASSIONS / TURN-OFFS**

- -
- -
- -
- -

Czy Już Umiesz Umiesz

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F.U.N.N. Method

of learning languages